



Delight - Part 3 - "The Way We See"

Philippians 3:1

Further, my brothers and sisters, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you.

Ecclesiastes 2:10–11

I denied myself nothing my eyes desired; I refused my heart no pleasure. My heart took delight in all my labor, and this was the reward for all my toil. Yet when I surveyed all that my hands had done and what I had toiled to achieve, everything was meaningless, a chasing after the wind; nothing was gained under the sun.

1 Chronicles 16:8–11

Give praise to the Lord, proclaim his name; make known among the nations what he has done. Sing to him, sing praise to him; tell of all his wonderful acts. Glory in his holy name; let the hearts of those who seek the Lord rejoice. 11 Look to the Lord and his strength; seek his face always.

Matthew 5:8

Blessed are the pure in heart, for they will see God.

Key Points

- Delight is a way of life and a function of the spiritual life.
- Delight is encountering something good and allowing its goodness to awaken us to what we want.
- The source of your delight is found wherever your faith lies.
- When everything is about you, you are living in the superficial. We can't offer God our true selves or experience true delight when steeped in superficiality.
- We settle for the superficial because we can control it.
- How you see faith determines how you live in it.
- How you see delight determines whether or not you indeed find it.
- How you see God determines how you seek God.
- If delight is merely a commodity, you will settle for whatever brings it quickest and sustains it the easiest.
- The source of your delight is found wherever your faith lies. The subject of your faith determines the durability and sustainability of your delight.
- How we see God determines our ability to experience true and lasting delight.

READ

Open your time together by reading the scripture passages on Page 1. Then, take a moment to consider what you just read:

- *Read Philippians 3:1. Why does Scripture repeatedly remind us to find our delight in the Lord?*
- *Read Ecclesiastes 2:10-11. What are some warning signs that one is living in the superficial and settling for secondary delights?*
- *Read 1 Chronicles 16:8-11. What are some habits of delight described in this passage?*
- *Read Matthew 5:8. What promise does this passage contain?*

REFLECT

- Complete the following sentence: God is _____. What makes you answer in the way that you do?
- How has your picture of God influenced and determined how you've sought God over the years?
- How does our ruthless pursuit of happiness cloud our view of God and true delight?

RESPOND

- Where are you spending your life?
- In light of where your time is going, what is your faith really in?
- How would you describe the durability and sustainability of where your delight resides?
- In what circumstances do you need to see God differently? How could this perspective change shift how you respond to your circumstances and experience delight?

PRAY

Close your time together with prayer requests. Ask how you can pray, support, and lift one another up. Pray over these requests either collectively or by breaking up into prayer partners.