



Snooze Series

Small Group Material

Participant Guide

Part 3 - "Rise & Shine"

January 21st, 2018

Bottom Line: *To watch and pray is designed to empower action.*

Study Verses: *Matthew 26:39-46, Isaiah 60:1-3, Ephesians 5:14*

Key Points

- *A decision provides action for your belief.*
- *A decision is a conclusion to act after consideration.*
- *Christ's call to "sleep later" isn't a call to hustle, but rather wake up.*
- *Be decisive: (1) Decide to decide (2) Define the decision (3) Do what you decide.*
- *We love the safety of "what has been."*
- *Many of us know what God is asking us to do or where He is leading us, but we refuse to take that first step.*
- *We'd rather avoid reality than coming face-to-face with our circumstances.*
- *God's direction requires our action.*
- *A crossroad can serve as a catalyst for change.*
- *Our new identity in Christ is perfectly willing to do God's will.*
- *Don't worry about the fifth step, just pinpoint your next one and take it.*
- *Attempting to maintain the way things are is an exercise in futility.*

ENCOUNTER

- If you had the opportunity to hit pause and freeze frame a time in your life, what one would you choose and why? What's the danger in trying to maintain the way things were?
- Would you describe yourself as a decisive person? Why or why not? What leads you to take action or what fuels your indecisiveness and hesitation?
- Can you think of a time where one of life's crossroads served as a catalyst for change and transformation?
- What are some warning signs that alert you to the fact that you are avoiding reality or coming face-to-face with your circumstances?

FORMATION

- Read Matthew 26:39-44. How does our willingness to "watch and pray" open our eyes to fully see what is at stake in our lives?
- Read Matthew 26:45-46. What did Jesus want His disciples to understand when He said, "Sleep and take your rest later on. See, the hour is at hand"?
- Read Isaiah 60:1-3 and Ephesians 5:14. What does it look like to awake from our slumber and become spiritually aware?

EXPRESSION

- On a scale of 1-7, how spiritually awake are you right now: (1) completely asleep to (7) fully awake? What makes you answer in the way that you do?
- What important decision are you facing or possibly avoiding? How can you begin to define the decision and act?
- His direction requires our action. Where do you need to respond to the direction you have received? What is your next step of faith?
- Where does a shift need to occur from "not my will, but Your will be done"? What causes you to fight for your way and your will?