



## **Make You Like Me Series**

## **Part 3 - "Willing & Worthy"**

### **Small Group Material**

**April 22nd, 2018**

### **Participant Guide**

**Bottom Line:** *Love perseveres by being stronger than our emotions and our circumstances.*

**Study Verses:** *1 Corinthians 13:4-8, Philippians 1:3-6*

### **Key Points**

- *Love can't protect what isn't available for protection.*
- *We are made to receive love which means we are always looking for it.*
- *Four Relationship Quadrants: (1) Validation (2) Isolation (3) Co-Dependency (4) True Connection*
- *We often settle for attention as a cheap substitute for worth.*
- *We are a chronic culture of takers.*
- *You can't wait until you feel completely worthy to ever avail yourself.*
- *We are loved by God and free to love other people.*
- *Our ability to receive God's love always manifests itself in extending ourselves to others.*
- *Love trusts the process of transformation and growth.*
- *Vulnerability is not just for you. Your vulnerability contributes to other people.*

## **ENCOUNTER**

- **Over the years what are some places that you've looked to in order to find your worth and value? What made these things appealing to you?**
- **How does seeking our value and worth in our relationships often influence the way we approach our connections with others?**
- **In what ways do you attempt to manipulate, demand or take love from others in order to feel valued, worthy and secure?**

## **FORMATION**

- **Read 1 Corinthians 13:4-8. What aspect of God's love do you need to experience in deeper ways? How could looking to Him to fulfill this need influence your relationships with others?**
- **Read Philippians 1:3-6. What does it mean that love trusts the process of transformation and growth?**

## **EXPRESSION**

- **Which of the four corners (validation, isolation, co-dependence or connection) do your relationships tend to reside in? Why do you often take up residency in this spot?**
- **Think about the people you care about the most. Which relationship quadrant do they reside in? How can you begin to have conversations with them about your self-assessment as well as where you see them?**
- **What keeps you from true connection with others? What are you afraid of?**
- **Love can't protect what isn't available for protection. What part of your heart do you keep off guard from God and others? Why do you keep this off-limits? What would it look for God to protect your heart in this are?**