

FINDING FULLNESS Pt 1

The Life You Actually Want

Psalm 119:5 NAS

Oh that my ways may be established
To keep Your statutes!

ARRANGE YOUR LIFE

Practice is not to ensure PERFECTION, but rather to create ORDER.

ORDERING OUR WORLDS

The natural order we are born into is governed by fear.

"I was operating on the unspoken assumption that my inner world would be filled with life, peace, and joy once my external world was perfect." - John Ortberg

SELF-SUFFICIENCY

The pursuit of self-sufficiency has significant unintended consequences.

- Our solutions have focused on self-esteem, self-compassion, and self-worth.
- We have created entire industries around Self-help and Self-care.

Our solutions assume and pursue SELF-SUFFICIENCY.
We derive our Sufficiency from our Center.

DEMAND

- Self-centeredness is expressed in Demand.
- We look for others to FILL all the places in my that need FULLNESS.
- You are looking for a fullness of Life.

Mark 12:29–31 NIV

29 “The most important one,” answered Jesus, “is this: ‘Hear, O Israel: The Lord our God, the Lord is one. 30 Love the Lord your God with all your heart and with all your soul (*psyche*) and with all your mind and with all your strength.’

31 The second is this: ‘Love your neighbor as yourself.’
There is no commandment greater than these.”

“Treatment of the psyche means... treatment of sickness that occurs in the life of the soul.”
Sigmund Freud

“Does our insistence that this life provide more satisfaction than it can, and our determination to figure out some way to get it, lie beneath what we call psychological disorder?”
(Larry Crabb)

SOMETHING TO CONSIDER:

Jesus provides the foundation and the way for the Life we actually want.

John 10:7-10 NIV

7 Therefore Jesus said again, “Very truly I tell you, I am the gate for the sheep. 8 All who have come before me are thieves and robbers, but the sheep have not listened to them. 9 I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture. 10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

Ephesians 3:14–19 (NIV)

14 For this reason I kneel before the Father, 15 from whom every family in heaven and on earth derives its name. 16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 **so that** Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

You have been made by God and for God and will only find the life you are looking in Him.