



# DOUBLE

The **fight** for the real you

## Double Series

Small Group Material

Leader Guide

## Part 2 - "A Single Source"

February 19th, 2017

**Bottom Line:** *Centeredness brings contentment.*

**Study Verses:** *Philippians 4:11-13, Proverbs 10:9, James 1:5-8, James 3:13-17 and Hebrews 13:5*

**Define The Win:** *Participants would recognize that contentment allows integrity to flourish in their lives. They would understand that insecurity leads one to compete and compare themselves to others. Group members would pinpoint places where discontentment is impacting how they respond to the world around them.*

## Key Points

- *Wisdom doesn't reside in the heart. Wisdom forms in the heart.*
- *God's wisdom awakens us to something more than our needs and our desires.*
- *Contentment isn't about having everything perfect, but having everything held.*
- *God will give me everything I need in order to do everything He has asked me to do.*
- *Wisdom isn't something you get. It is something that is formed.*
- *Integrity is what brings security.*
- *Doing things to escape reality undermines and erodes our integrity.*
- *Purity comes from a single source.*

- *If we harbor envy and selfish ambition, we will live our lives constantly competing and comparing ourselves to others.*
- *When contentment defines your life the only agenda in your relationships is giving yourself away and wanting the best for someone else.*

## **ENCOUNTER**

- **Complete the following sentence: Contentment is \_\_\_\_\_. How do you define contentment? When you think of someone who is content, what comes to mind?**
- **If insecurity finds a home in our heart, we either overstate or understate ourselves. Of the two, which one do you tend to do more often?**
- **How do our insecurities influence our integrity and impact our relationships with others?**
- **God will give you everything you need in order to do everything He has asked you to do. Do you agree with this statement? How does your answer influence your ability to experience contentment?**

## **FORMATION**

- **Read Philippians 4:11-13 and Hebrews 13:5. What is the secret to finding contentment? How does relying on God's strength fuel our contentment?**
- **Read Proverbs 10:9. What do you see as the connection between contentment and integrity? How does contentment allow us to walk securely and live with integrity?**
- **Read James 1:5-8. What role does wisdom play in our pursuit of contentment?**

## **EXPRESSION**

- **Read James 3:13-17. Are there places in your life where envy and selfish ambition are making an appearance? How are these qualities impacting the way you approach the people on the other side of the issue?**
- **Do you like the person you've become? Why or why not? What makes you answer in the way that you do? How often do you give thought to the person you are becoming?**
- **Where are you most prone to attempt to escape reality? Why are you trying to escape these circumstances? How is this influencing your ability to walk in integrity?**

**LEADER INSIGHT:** *If we harbor envy and selfish ambition, we live our lives constantly competing and comparing ourselves to others. When we are unsure about our worth and our value, we either overstate or understate ourselves. Regardless of which end of the spectrum we fall, both reactions are governed by our insecurities.*

*This leads to instability which in turns fuels a lack of integrity. In the pursuit of a misguided contentment, we take matters into our own hands. We desire security and we will attempt to find it by any means necessary. We foolishly believe that contentment has to do with aligning our circumstances in a way we can control and manage ourselves. This is a losing battle and short sighted. True contentment comes from trusting that God will give us everything we need in order to do everything He has asked us to do. Contentment isn't about having everything perfect, but having everything held in His hands.*

*Doing things to escape reality undermines and erodes our integrity. Without godly wisdom serving as our guide, integrity will never take root in our lives. Yet, godly wisdom isn't something one gets. It is something that is formed through pursuit. It involves trusting His ways above our own.*

*Being grounded in God's wisdom awakens us to something more than our needs and our desires. Integrity is what brings the security we crave. Imagine if we didn't have to demand things from others because we are certain where our security resides. When contentment defines our lives, the only agenda we bring to our relationships is searching for opportunities to give ourselves away and wanting the best for someone else.*