



UNDENIABLE (Part 3) - “The Other Side of Fear”

Philippians 3:7-14 NIV

7 But whatever were gains to me I now consider loss for the sake of Christ. 8 What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them garbage, that I may gain Christ 9 and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. 10 I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, 11 and so, somehow, attaining to the resurrection from the dead. 12 Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. 13 Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

Romans 6:3-4 NIV

*3 Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? 4 We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a **new** life.*

Key Points

- We save ourselves by performing our way to be worthy and preserving our way to be secure.
- Taking up our cross means our lives become a demonstration of God's love given for reconciliation.
- Fear preserves while love gives.
- The essence of true living lies in embracing a life of self-sacrifice and giving.
- In losing our life, we find it.
- Fear fuels self-preservation while hindering self-denial and standing in the way of genuine sacrifice.
- To truly live a giving life, a life of love, we must confront the fear that typically prevents us from sacrificing ourselves.
- A transformative way of life unfolds on the other side of that fear.
- The life we desire is only experienced by offering ourselves to others.

READ

Open your time together by reading the Scripture passages on Page 1. Then, take a moment to consider what you just read:

- **Read Philippians 3:7-14.** Paul expresses a desire to know Christ and the power of his resurrection, as well as sharing in his sufferings and becoming like him in his death. How do you understand the concept of sharing in Christ's sufferings, and what implications does it have for your own life?
- **Read Romans 6:3-4.** Paul speaks of being baptized into Christ's death and raised to new life. How does this imagery of baptism symbolize the concept of dying to self and experiencing resurrection in your understanding?

REFLECT

- **"The life we desire is only experienced by offering ourselves to others." Do you agree or disagree with this statement, and why?**
- **Discuss the difference between preserving oneself and giving oneself in love. How do these two approaches manifest in daily life?**
- **In what ways do you think fear influences your decision-making process when it comes to giving or sacrificing for others?**
- **Reflect on a time when fear held you back from sacrificing or giving of yourself. What was the fear, and how did it impact your actions?**

RESPOND

- **Can you identify any patterns or habits in your life that prioritize self-preservation over acts of love and sacrifice?**
- **Fear hinders our ability to live a truly giving life. What steps can you take to confront and overcome this fear?**

PRAY

Close your time together with prayer requests. Ask how you can pray, support, and lift one another up. Pray over these requests collectively or by breaking into prayer partners.