



YOU'VE HEARD IT SAID (Part 4) - "Where You Find"

Matthew 6:31-34 NIV

31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Matthew 7:7-12 NIV

7 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. 9 "Which of you, if your son asks for bread, will give him a stone? 10 Or if he asks for a fish, will give him a snake? 11 If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him! 12 So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.

Key Points

- We need a foundation that can support the weight of our hopes and desires.
- One doesn't have to be told to seek readily seeable things.
- We will see through the lens of the thing we want the most.
- Jesus is reorienting us to another way, system, and allegiance.
- God's goodness should affect us so deeply that it gives us hope that everything else can become good.
- We all need the practice of naming and giving language to what we feel, think, and see.
- To seek His kingdom first is to set our eyes and hearts beyond what we have seen and can see.
- **ASK...** and it shall be given. Put words to your desires.
- **SEEK...** and you will find. Notice what you are seeking.
- **KNOCK...** and the door will be opened. Put action to your desire.

READ

Open your time together by reading the Scripture passages on Page 1. Then, take a moment to consider what you just read:

- **Read Matthew 6:31-34.** Jesus emphasizes the importance of seeking first God's Kingdom and His righteousness. How can we practically apply this principle in our daily lives amidst the challenges and distractions of the world?
- **Read Matthew 7:7-12.** Jesus encourages his followers to ask, seek, and knock. How do you interpret the progression from asking to seeking to knocking in the context of prayer and seeking God's guidance?

REFLECT

- **Why are reflection and articulation critical habits in our spiritual journey?**
- **How do these practices help us understand our desires and what we seek for fulfillment?**

RESPOND

- **We will see through the lens of the thing we want the most. What lens are you currently using to view life, and what does that lens say about what you desire most?**
- **Jesus encourages us to ask, seek, and knock in our relationship with God. Reflect on your prayer life and communication with God. How intentional are you in seeking Him through prayer, actively pursuing a deeper connection, and persistently knocking on the door of His presence?**
- **We all need the practice of naming and giving language to what we feel, think, and see. What circumstances do you struggle to engage in this process of reflection the most and why?**

PRAY

Close your time together with prayer requests. Ask how you can pray, support, and lift one another up. Pray over these requests collectively or by breaking into prayer partners.