

**SUMMER SABBATH 2023 Pt 1**  
**“Behind Every Longing”**

**FOUNDATIONS**

**Conviction #1:**

If God created life- He alone gets to define it.

**Conviction #2:**

Every longing at its core--is a longing for Life.

- From the very beginning, God gave us a desire for delight and the means to experience it.

**Genesis 3:6 ESV**

6 So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate,

What catches your attention will capture your heart.

**Psalms 115:4-8 NIV**

4 But their idols are silver and gold,  
made by human hands.

5 They have mouths, but cannot speak,  
eyes, but cannot see.

6 They have ears, but cannot hear,  
noses, but cannot smell.

7 They have hands, but cannot feel,  
feet, but cannot walk,  
nor can they utter a sound with their throats.

8 Those who make them will be like them,  
and so will all who trust in them.

## **DELIGHT**

Delight is to encounter something good and to allow goodness to awaken us to what we want.

### **Psalm 37:4 NIV**

4 Take delight in the Lord,  
and he will give you the desires of your heart.

"Worship works from the top down, you might say. In worship we don't just come to show God our devotion and give him praise; we are called to worship because in this encounter God (re)makes and molds us top-down. Worship is the arena in which God recalibrates our hearts, reforms our desires, and rehabilitates our loves. Worship isn't just something we do; it is where God does something to us. Worship is the heart of discipleship because it is the gymnasium in which God retrains our hearts." (James K.A. Smith)

## **CONSIDER THIS**

We are what we want.