



Delight- Part 10 - “Hold onto Delight”

Psalm 37:4 NASB

Delight yourself in the Lord; and He will give you the desires of your heart.

Matthew 6:19-23 NIV

“Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also. The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!”

Luke 12:32-34 NIV

“Do not be afraid, little flock, for your Father has been pleased to give you the kingdom. Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will never fail, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also.

1 Thessalonians 2:19-20 NIV

For what is our hope, our joy, or the crown in which we will glory in the presence of our Lord Jesus when he comes? Is it not you? Indeed, you are our glory and joy.

“But God renews our desire while using it to renew everything else, beginning with us. God's utter, joyful desire is for us to be with him and he with us such that we might together create beauty in the world. God's desire calls to ours and breathes life into the lungs of the world. Here we are confronted with a deep paradox: it is desire that evil exploited, inserting shame in its place, yet desire is the very substance of our created being to which God is calling. He is calling out our desire in order to redeem it and make it the leading edge in the renewal of all things.” -Curt Thompson

“To think of God rightly, as God is, one cannot help but lapse into worship; and worship is the single most powerful force in completing and sustaining the spiritual formation of the whole person.” -Dallas Willard

Key Points

- Our desires need formation; delight has a formative affect on our desires.
- The currency of God's Kingdom is love. We steward this currency when we receive God's grace with gratitude and embrace God's call responsibly.
- Delight is an act of our will.
- Delight is a formative force that shapes the desires of our hearts.
- Because God is faithful, we need not be afraid; we can delight in His promise of provision.
- Because God is faithful, we need not be anxious; we can delight in the promise of His presence.
- Because God is faithful, we need not be rushed; we can delight in the reality of God's rest.

READ

Open your time together by reading the scripture passages on Page 1. Then, take a moment to consider what you just read:

- **Read Psalm 37:4. How does this verse challenge your understanding of desire and fulfillment?**
- **Read Matthew 6:19-23 and Luke 12:32-34. How does the concept of 'treasures in heaven' versus 'earthly treasures' influence your priorities and perspective on life, and how might the 'eye as the lamp of the body' impact the way you perceive the world around you?"**
- **Read 1 Thessalonians 2:19-20. How do we bring God glory through the way we live our lives? What role do delight and our relationships with others play in becoming those people?**

REFLECT

- **Read the quote from Curt Thompson. How does Curt Thompson's perspective on desire as both a vulnerable point of exploitation and a transformative force align with your own experiences and beliefs? In what ways can embracing and aligning our desires with God's desire for us contribute to the process of renewal and the creation of beauty in the world around us?**
- **Read the quote from Dallas Willard. How has genuine worship of God influenced your understanding of who God is and how you are being formed spiritually?"**

RESPOND

- **How might focusing on finding joy in your relationship with God reshape the way you approach your desires and aspirations in life?**
- **If delight is an act of our will, where do you need to discipline your heart to embrace delight?**
- **What do you need to hold onto in this season in order to frame what you really want?**

PRAY

Close your time together with prayer requests. Ask how you can pray, support, and lift one another up. Pray over these requests either collectively or by breaking up into prayer partners.